# **Monday,** 16.11.2026

Monday until Wednesday
08:00 a.m. - 04:30 p.m.

STUDIERENDENWERK HAMBURG

## Additives and allergens

**1** colourings
**2** preservatives
**3** antioxidants
**4** flavour enhancers
**5** contains sulfur/sulfurated
**6** contains carbon/carbon treated
**7** wax-coated
**8** phosphate
**9** (artificial) sweetener
**10** source of phenylalanine
**Ei** eggs/egg products
**En** peanuts/peanut products
**Fi** fish/fish products
**Kr** shellfish/shellfish products
**Mi** Milk and milk products (including lactose)
**Lu** lupine and lupine products
**Nu** nuts/nuts products
**Se** sesame seeds/sesame products
**Sf** mustard/mustard products
**Sl** celery/celery products
**So** soy/soy products
**Sw** sulfur dioxide and sulfites (concentration above 10 mg/kg or 10 mg/l)
**Wt** molluscs (e.g. mussels and snails) and mollusc products
**GlW** Cereals containing gluten and products thereof (wheat)
**GlR** Cereals containing gluten and products thereof (rye)
**GlG** Cereals containing gluten and products thereof (barley)
**GlH** Cereals containing gluten and products thereof (oats)
**GlD** Cereals containing gluten and products thereof (spelt)
**GlK** Cereals containing gluten and products thereof (khorasan wheat)
**NMa** Nuts (almond) products
**NHa** Nuts (hazelnuts) products
**NWa** Nuts (walnuts) products
**NCa** Nuts (cashew nuts) products
**NPe** Nuts (pecan nuts) products
**NPa** Nuts (Brazil nuts) products
**NPi** Nuts (pistachios) products
**NMc** Nuts (macadamia/queenland nuts) products


Beef


Contains fish


Poultry


Lamb


Game


Vegetarian


mensaVital


Lactose/does not contain foods containing lactose


Gelatine


Vegan



New dish


Favorite dish


Alcohol


Pork

Changes in the diet reserved.

As a non-profit organisation we are required to regularly review the eligibility of students for our services, and therefore require that you always carry your student identification card.

We label the allergens according to EU Food Information Regulation No. 1169/2011. Cross-contamination in the case of the individual ingredients, as well as the unavoidable infiltration of allergens into individual products from a technological point of view cannot be excluded and are not identified.

The prices indicated are valid for students/employees/guest.

The award of the dishes at the place of issue applies.